

## Active Kids Preschool and After-School COVID Policies Updated Sept 6th 2022

**The health and safety of both students and staff is Active Kids highest priority. Our health policies are in place to minimize absences from preschool of both students and staff, and to ensure the continuity of the program we offer.**

The EEC are phasing out the testing for childcare protocols. This means masking instead is recommended by the EEC. Active Kids preschool does still have a limited supply of test kits and is willing to supply what we have on an as needed basis to families who would prefer their child to test each day rather than mask, this is applicable to close contact scenarios only. Once supplies are no longer available families may purchase their own tests to test instead of mask.

### **COVID-19 symptoms list:**

- **Fever (100.0° Fahrenheit or higher), chills, or shaking chills**
- **Difficulty breathing or shortness of breath**
- **New loss of taste or smell**
- **Muscle aches or body aches**
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, when in combination with other symptoms
- Nausea, vomiting, or diarrhea when in combination with other symptoms
- Headache when in combination with other symptoms
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms.

### **Definition of a close contacts**

Close contacts are defined as individuals who have been within 6 feet of a COVID-19 positive individual while indoors, for at least 15 minutes during a 24-hour period.<sup>3,4</sup> Please note that the at-risk exposure time begins 48 hours prior to symptom onset (or time of positive test if asymptomatic) and continues until the time the COVID-19 positive individual is isolated. In general, close contacts should follow the testing and quarantine response protocols in this document. However, certain close contacts are exempted from testing and quarantine response protocols as noted below.

3 Note: To be a close contact, the 15 minutes must occur within a 24-hour period. Multiple brief or transitory interactions (less than a minute) throughout the day are unlikely to result in 15 minutes of cumulative contact and do not meet the definition of close contact. 4 CDC definition of Close Contact. Available at: <https://www.cdc.gov/coronavirus/2019-ncov/community/schoolschildcare/operation-strategy.html>. 5 At this time, fully vaccinated is defined as two-weeks following the completion of the Pfizer or Moderna series or two-weeks following a single dose of Johnson & Johnson's Janssen vaccine

### **If A Child is Symptomatic.**

- **The child will be excused from the classroom and will wait in the designated isolation room with a member of staff.**
  - While symptomatic children wait in the isolation room, they will be provided with a mask to wear if not already wearing one.
  - Symptomatic children can remain on site if they have mild symptoms and test immediately (parental consent must be given via email and test will be performed by the Preschool Director), and that test is negative.
  - Children with fevers will not be able to remain onsite, parents will be called to collect their child immediately.
  - If the symptomatic child cannot be tested immediately parents will be required pickup their child. They can return to the program if they test negative at home or have been fever free for 24hrs without fever reducing medication and symptoms have resolved, or a medical professional makes an alternative diagnosis.

### **If A Child Test's Positive for COVID-19 (Isolate)**

- **The child must isolate for at least 5 days. Day 0 is the first day of symptoms or the day the positive test was taken, whichever is the earlier.**
- **After 5 days**
  - If they can mask, symptoms are resolving, and they have been fever free for 24hrs without the use of fever reducing medication:  
can go return to preschool/after-school on day 6 and must mask to day 10, unless they have a negative test on day 5, at which point they no longer need to mask.
  - **If the child cannot mask:**
    - **If the child can test on day 5 or later:**
      - When test negative and asymptomatic or symptoms are resolving and they have been fever free for 24hrs without the use of fever reducing medication, can go back to the programs the day after negative test (rapid test), returning to care no later than day 11
      - When test positive, continue isolating until negative test and asymptomatic or symptoms subside through day 10, returning to preschool/after-school no later than day 11
    - **If child cannot test:** stay home for a total of 10 days, returning to preschool/after-school on day 11

### **If a Child was Exposed to Someone with COVID-19**

- Quarantine is no longer required nor recommended for children or staff, regardless of vaccination status or where the exposure occurred. All exposed individuals may continue to attend programming as long as they remain asymptomatic, mask until day 10 (unless they receive a negative test on day 6, at which masking is no longer required). If symptoms develop, follow the guidance for symptomatic individuals, below.

#### **•Alternative to masking**

You may choose to test your child for 5 consecutive days instead of masking before arriving at preschool. Children and staff may continue to attend the program as long as they test negative each day.

When test positive, follow isolation guidance above

#### **If child cannot test or mask:**

stay home for total of ten days, returning to care on day 11.

### **Covid Travel Policy**

Active Kids follows the current recommendations of the CDC as detailed below for domestic travel. To return to Active Kids Preschool a negative COVID Test will be required if traveling on public transport (ie. Plane, train, bus) whilst unmasked.

“Get tested with a viral test if your travel involved situations with greater risk of exposure such as being in crowded places while not wearing a high-quality mask or respirator.”

### **Mask Policy**

Effective February 28<sup>th</sup>, the Commonwealth will discontinue its statewide mask mandate for all EEC-licensed and funded programs

Masks will no longer be required in our programs but are strongly encouraged for all unvaccinated or otherwise immunocompromised individuals whilst indoors.

Masks are still required for individuals who have been exposed to COVID (unless opting for daily testing) and individuals testing COVID-positive and returning to school from isolation on day 6 or later through to day 10.

**Any activities that require a child in the post quarantine after testing positive for COVID, 5-day period mask use, to unmask, will be distanced from other students for that period of time. Swimming will be eliminated for the 5-day period.**

## **Health Checks**

Families are required to conduct health checks each day before their child arrives at Active Kids. If your child has any of the following symptoms, please keep them at home.

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
  - Difficulty breathing or shortness of breath
  - New loss of taste or smell
  - Muscle aches or body aches
  - Cough (not due to other known cause, such as chronic cough)
  - Sore throat, *when in combination with other symptoms*
  - Nausea, vomiting, *when in combination with other symptoms*
  - Headache, *when in combination with other symptoms*
  - Fatigue, *when in combination with other symptoms*
  - Nasal congestion or runny nose (not due to other known causes, such as allergies), *when in combination with other symptoms*
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## **Changes to Policy.**

Active Kids regularly reviews its COVID policies, consults with Health professionals, follows guidance from the state and monitors the level of outbreaks in the local school system.

Families will be notified in writing of any major changes to Active Kids COVID policies.

## **What is Active Kids doing to prevent an outbreak of COVID within our programs?**

Below is a list of protocols we have in place to help prevent and limit the spread should COVID enter the classroom. We will also practice these methods were applicable in the Active Kids After School Program.

- Optional wearing of masks by students and staff indoors.
- Separate class bathrooms.
- Frequent hand hygiene.
- Promote physical distancing when indoors by the arrangement of the classrooms and snack / lunch tables.
- Frequent sanitizing of classrooms and toys.
- The use of decals on the floor for students to stand on to ensure distancing when waiting to use the bathroom.
- The Adirondack Club has made a significant investment, completely replacing, and upgrading the preschool / Children's Center HVAC system during the summer.

## **Visitor Policy**

No unnecessary visitors will be allowed access to preschool classrooms.